



## **Plastic Free Ideas**

for Storing Fruit and Vegetables in the Fridge...

Knowing how to store your fruit and vegetables in the fridge when you are aiming for a plastic free lifestyle can be tricky. Some containers work well for some products but not for others. Here's a handy guide to help you get it the right the first time.

Produce	Beeswax produce storage bags Order here	Beeswax wrap	Damp calico bag	PET net bag  Order here	Cotton net bag	Loose in crisper	Brown paper bag	Glass jar or glass container
Apples				<b>√</b>	<b>√</b>	✓	✓	
Bananas	Store	at room tempe	rature					
Beans	✓	✓	✓					✓
Beetroot	✓	✓	✓					✓
Broccoli	✓	✓	✓					
Cabbage	✓	✓	✓					
Capsicum				✓	✓	✓		
Carrots	✓	✓	✓					✓
Cauliflower	✓	✓	✓					
Cucumbers	✓			✓	✓	✓	✓	
Citrus				✓	✓	✓	✓	
Grapes	✓	✓	✓					✓
Herbs	✓	✓						✓
Leafy greens	✓	✓						✓
Lettuce	✓	✓						✓
Onions	Store in a dark cool place outside the fridge							
Pears				✓	✓	✓	✓	
Pineapple	✓	✓						
Potatoes	Store in a dark cool place outside the fridge							
Tomatoes				✓	✓	✓	✓	
Watermelon	✓	✓						
Zucchini	✓			✓	✓	✓	✓	

We aim for a waste free lifestyle and these storage ideas are based on you using your produce within 5-7 days.

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